The pain killer

Doctors gather to help sufferers
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**BT TODAY** – because well informed Hungary makes much more fun.
Please take your blinkers off

According to the German local daily Thueringer Allgemeine, three Eritrean men raped a 26-year-old Hungarian woman in Mühlhausen at around 4am on the last Saturday of August. The case once again heated up the debate about how Hungary/Europe should deal with migration and whether migration has had any effect on rape statistics. There is no answer to that yet, because there are no statistics available. This is probably due to the fact that the amount of time passed since the crisis began is too short for these cases to appear in the statistics. What worries me though are the comments from pro-migration individuals, who were quick to relativise what transpired in Germany. What was she doing there at that time of night? What if she initiated it? She shouldn’t have been around the railway station, when she knew it was a dangerous place. This is what you get when you walk around drunk (which according to the police report she was – note). Let’s stop here for a second and let me explain something: there is no excuse for rape. Period. A woman could be wearing the shortest skirt ever, drunk out of her mind and willing to go at it with you, but if she tells you to stop, you stop. It’s as simple as that. I’m not saying that these people are rapists, but they are so frustrated by the fact that the majority of people are saying no to migration that their only refuge is to reason like this. Another favourite explanation is that the government’s “hate campaign” is working and that’s why people are unwilling to welcome migrants with open arms. What they forget is that over the past six years there were a number of things that Fidesz tried to push down the throats of the people and failed. The Sunday shopping ban or the internet tax are just a couple of examples. Does the campaign play on the fears? Sure, but it couldn’t work if the public generally didn’t agree with its basic principle. And the worst about the relentless appeal of pro-migration groups is that they are not helping refugees one bit. If they were to agree with Hungary not wanting to allow entry for those seeking better economic conditions, they would probably be able to more effectively fight for granting refuge to those actually coming from war-torn zones of the world.

Attila Leitner

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Working on ‘solution’

The opposition Socialist Party is against the European Union’s mandatory migrant quota plan, and is ready to support an anti-quota bill if the government were to submit one, Socialist leader Gyula Molnár has said. Nevertheless the Socialists will encourage their supporters to stay away from the referendum, saying the vote is merely to serve the interests of Viktor Orbán.
Golfcart rolls into Danube from Margitsziget

Truck crashes into family home in Páka, driver dies
The Brief History of the Week

Presenting in one concise package the week’s most important and fascinating national stories, whether they be economic, political, cultural, sporting or among the hundreds of other happenings that go on daily.

‘Faster’ M3 upgrade

The upgrade of Budapest’s third metro line will be speeded up, Mayor István Tarlós has said after a meeting with Prime Minister Viktor Orbán. The government has pledged to meet any extra costs of the upgrade that are not covered by European Union funding, Tarlós said. The exact amount of EU funding Budapest could obtain for the project is as yet unknown, but current estimates indicate that an extra HUF 50 billion beyond the EU money will be required, he said. Tarlós said the M3 revamp will have to start no later than late February or early March 2017. The total project was estimated to cost HUF 135-140 billion. The mayor rejected claims that it was the metropolitan council’s fault that no public procurement tender has yet been published for the upgrade. The drawn-out consultations had prevented this, “and the ball was out of the capital’s court”. If no tender was forthcoming within ten days, he would recommend replacing the head of the capital’s public procurement company. Tarlós said the council can only buy Hungarian-made buses to replace the metro during the renovation if these exist. If there are any Hungarian bus manufacturers in the future he would encourage them to apply for Budapest transport company BKV’s tenders.

Fido is listening closely

Hungarian researchers have found that dogs use the same part of their brain as humans to process words, according to a study published in Science magazine. The research team led by Attila Andics at Budapest ELTE University’s Comparative Ethology Department is the first to study how the brain of dogs processes human speech. Not only do dogs register speech but it matters how it is said, according to Andics. Like people, dogs use the left brain hemisphere to process words and the right hemisphere to process intonation. Praise activates the reward centre only when both words and intonation match, the study found. “It shows that for dogs … praise can very well work as a reward, but it works best if both words and intonation match … this is very similar to what human brains do,” Andics said. The findings suggest that dogs’ ability to process language evolved earlier than previously thought, he said. “The results can also help to make communication and co-operation between dogs and humans even more efficient.”

Orbán praises Romanian champion

Prime Minister Viktor Orbán has sent a letter of congratulations to fencer Simona Pop, who won an Olympic gold as a member of the Romanian women’s epee team. After her victory, Pop, who is a resident of Satu Mare (Szatmárnémeti), a formerly Hungarian city in north-western Romania, became popular among Hungarians for thanking her native town both in Hungarian and Romanian on a news portal. Orbán congratulated Pop on her Rio triumph and wished her good health and further successes. Pop said his letter is a great honour. She said her father was an ethnic Hungarian and her family had spoken Hungarian throughout her childhood, but then she attended Romanian schools and university. Pop said that several years ago she had signed with Steaua, the sports club of the Romanian Army, so
First Diner en Blanc dinner in Budapest

Interactive aviation museum (RepTár) opens in Szolnok
she had not been able to apply for Hungarian citizenship. “Once I have retired from competitive sport and left the ranks of the Romanian Army, I will most probably apply for it,” she said.

Minister drops monopoly hint

Minister in Charge of the Prime Minister’s Office János Lázár has said the wholesale trade of spirits could become a state monopoly. This could apply to the wholesale but not retail trade, he said at his regular weekly press conference. The question was posed after he said that the wholesale traders of medicines should watch out after it was possible to convince Brussels of the legality of supplying retail tobacco shops from one centre. Hungary introduced a state monopoly on retail tobacco sales in July 2013. In 2014 lawmakers approved an amendment that would establish a single company, licensed by the state, to buy tobacco from wholesalers and sell it to retailers.

Noose tightens on homelessness

Budapest City Assembly has expanded the number of areas where living in public is forbidden. The decision comes after a request by the District XI council to outlaw homeless living in several of its precincts. District XI argued that several public areas over the past two years had become regularly inhabited by homeless, posing a threat to public safety. Other considerations for the ban were “cultural or visual”. The modified decree was passed by 21-7 votes with one abstention.

Prisoners in good books

Inmates are scanning books on forensic science to be added to the Hungarian Electronic Library, daily Népszabadság said citing one of the library’s founders. It was an idea by the director of the Gyor-Moson-Sopron County prison that inmates should scan books on forensic literature which could then go in the electronic library, department head of the National Széchenyi Library István Moldovan told the paper. The electronic library project launched in 1995 had an average 60-70,000 visitors per month in its first seven years. The number of visitors has since grown to a daily 30-35,000 and nearly 16,000 publications are now available in the online library, the paper said.

Holocaust library opens

The new Holocaust Library and Reading Room has opened in Budapest. Human resources state secretary Bence Rétvári said at the official opening that every single victim of the Holocaust was a major loss for Hungary, and it is the duty of the government to regularly honour those victims. Only democracies that can confront “every minute” of their past can be strong, he said. Szabolcs Szita, the director of the Holocaust Memorial Centre, in District IX, thanked the government for its support for the memorial centre’s work. He said the centre “with the power of books and documents and the efforts of its staff” would be an important element in the fight against anti-Semitism.

NATIONAL TEAM DRAWS WITH FAROE ISLANDS IN FIRST WORLD CUP QUALIFIER
The opposition Socialist Party is against the European Union’s mandatory migrant quota plan, and is ready to support an anti-quota bill to parliament if the government were to submit one, Socialist leader Gyula Molnár has said. Nevertheless the Socialists will encourage their supporters to stay away from the referendum, saying the vote is merely to serve the interests of Prime Minister Viktor Orbán.

According to Molnár, the Socialists have made it clear since last May that they do not support migrant quotas. He called on the government to reveal what the legal consequence of the October 2 quota referendum would be and what sort of bill or decree it plans to draft if the referendum is valid and successful.

Molnár said that if the government wants a mandate to negotiate against the quota plan in Brussels, then there is no need for the referendum because perhaps such a mandate can be granted by parliament. The Socialist leader, who has held talks with EU officials in Brussels, said the EU had made it clear that there are no plans to implement further mandatory migrant quotas.

“The officials in Brussels ... wanted us to know that they understand what the Hungarian people are saying,” he said. Brussels has understood and accepted the views of Hungarians for 12 years now, he added. The migrant crisis needed to be managed but at the same time there was no majority support for the quota scheme.

Molnár said the Socialist Party is ready to propose a solution to the migrant crisis, and Zsolt Molnár, the head of parliament’s national security committee, had been tasked with putting together the party’s plan. The leader pointed out that while the government has issued a legal challenge against a plan under which it would have to take in 1300 refugees, it has sold residency bonds to some 3500 people.

Reports indicate that counting those people’s family members, more than 16,000 foreigners have settled in Hungary through the residency bonds scheme so far, he added. Molnár said the party’s new national board will emphasise in its referendum campaign that the vote is irrelevant because it does not have any legal consequence.

The Socialists will also participate in monitoring the voting process, and have offered to co-operate with the Democratic Coalition, Dialogue for Hungary, the Lajos Bokros-led Movement for a Mod-

Boycott campaign under way

The opposition Együtt, Dialogue for Hungary and MoMa parties are launching a joint billboard campaign calling on Hungarians to boycott the referendum. The party leaders presented the posters at a joint press conference. The posters show a seated man and a woman from behind, as they show their middle finger. The posters also show the words “This is the answer to a dumb question” and “Those who stay at home vote for Europe”, next to the party logos and “Referendum 2016” crossed through with a red line. The parties plan to spend 10-20 million forints on the campaign, which will pay for 300-400 posters in public spaces. In response, the ruling Fidesz party said left-wing parties must give a clear answer to the question of whether or not they support “Brussels’ settlement plans”.

“Both the message and the picture with its obscene gesture deeply offend those Hungarians who feel responsible for the fate of their country,” the party said. “The referendum is a national issue which stands above politics.”
Szabolcs Kerék-Bárczy of the opposition Democratic Coalition (DK) is quitting the party, DK said without elaborating. Anonymous sources close to DK said Kerék-Bárczy had recently had a number of political and personal disagreements with the party. Further, news portal 168ora.hu published an article by him criticising the opposition as a whole and specifically DK. According to state news agency MTI, he did not inform DK beforehand about the article, and so the DK board asked him to consider resigning. Kerék-Bárczy wrote in the article that although the left-wing co-operation of 2014 failed and lost the general election that year, the left-wing leaders in charge of that campaign are still in key positions today. He said DK’s strategy of trying to become the leading left-wing party before pivoting to the centre in the hope of winning the election had failed.

The opposition Democratic Coalition (DK) said Orbán wants to use the referendum to fuel doubts about European co-operation and as a vindication of his policies. Party head Ferenc Gyurcsány said that over the next month DK will campaign in some 1700 points in the country.

In response Fidesz accused Gyurcsány of “lying and misrepresentation”, insisting that the settlement did not simply concern “1260 migrants” but “the whole Brussels quota package”, which, the party said, had no upper limit.

Amnesty International Hungary is launching an information campaign ahead of the referendum. The organisation said the aim of the campaign dubbed “learnmore-aboutit” is to better inform Hungarian voters about the referendum, migrants and asylum seekers. Amnesty said that “unlike the government’s xenophobic campaign”, it wants to present an objective and precise picture to those people who really want to know what the referendum is about. A new blog entry would be posted every week to clear up false information, answer the most frequently asked questions about refugees and asylum seekers, and analyse the true purpose of the referendum.

Amnesty tackles ‘false’ facts

Trade deal still far off: ministry

Any conclusion to the Europe-US Transatlantic Trade and Investment Partnership (TTIP) talks is far off and no meaningful deductions can be drawn about the final negotiating package, the Ministry of Foreign Affairs and Trade has said in response to a query by state news agency MTI. The ministry said the “sensitive positions” of Hungary will be advanced maximal-ly in European Union debates. Commenting on reports of negative opinions voiced by various leading EU politicians on TTIP, the ministry said these had been put forward with domestic politics in mind, given approaching parliamentary elections. Also, the US has an inflexible position due to the approaching presidential election, it added.

Hungary, from the very beginning, has taken part in the free-trade negotiations, representing Hungarian interests towards a balanced and mutually advantageous agreement, the ministry said.

Gyurcsány said the question of migrant quotas had already been decided when Orbán signed the European Council resolution on mandatory quotas on February 20 this year. He said that over the past two years 1260 foreigners had settled in Hungary under the government’s approval.

In response Fidesz accused Gyurcsány of “lying and misrepresentation”, insisting that the settlement did not simply concern “1260 migrants” but “the whole Brussels quota package”, which, the party said, had no upper limit.
A weekend in Bulgaria’s main city, Sofia, at the Hilton Sofia hotel

Room with a view – a mountain view

“Dobro utro. Iskate li da tancuvame?” we say to the waiter in the Hilton Sofia breakfast room, having learnt a few phrases before arriving in the Bulgarian capital the night before. This is supposed to mean “Good morning. Pleased to meet you”, but we have jumbled up our phrases and later realise it actually means “Good morning. Would you like to dance with me?”

The waiter is young, tall, stylish and groomed, and unperturbed. “Good morning,” he replies in smooth English. “Would you like to sit inside or out on the terrace? It’s nice and sunny.” Need we have tried to impress, when English is the lingua franca of the globalised world, even the wild and wooly Balkans of legend?

We have driven down from Budapest, a solid 10-hour trip after losing considerable time at the Serbian and Bulgarian borders, clogged with August holidaymakers and “guest workers” from Germany returning to Turkey for a break.

In the cavernous Hilton Sofia lobby, men and women of the world are checking in or out. Airline crews and travellers are shuttled to and from the airport on the hotel bus. If they are going to London, New York, Berlin or Tokyo, four large Swiss clocks in the lobby give the times there.

The receptionist installs us in an executive room, immaculate with plenty of space holding a Hilton Serenity king-size bed, desk and ergonomic chair, on the top floor of the imposing nine-storey hotel. Thoughtfully, they have given us a room with a view: down below is the expansive South Park, then a kilometre or so of city buildings, and finally, right there on the outskirts of the city, right there in front of you, the long and high Vitosha mountain, one of the defining features of Sofia.

The mountain is just 15 minutes by car from downtown and is a nature reserve with ski slopes in winter, and thus a popular weekend getaway for city dwellers.

We also learn that above our ceiling on the Hilton roof are four beehives, tended by the chairman of the Bulgarian Organic Beekeeping Association, and the source of the honeycomb alongside the fresh fruit, cereals, smoked herring and Bulgarian cheeses and meats in the breakfast room.

A chef cooks eggs to order while you wait, the waitress brings freshly squeezed orange or grapefruit juice and cappuccino, and, all in all, sitting on the terrace in the pleasant August sun, reading the Sofia Morning News, is a good start to a day in an unknown city, contemplating what the hours ahead will bring.

Hilton Sofia has half a dozen bikes that are free to use for guests, and we wobble off over the informally named “bridge of the lovers”, a pedestrianised walkway with an outdoor art display, on the 10-minute ride to the city’s outstanding attraction, the Alexander Nevsky Cathedral. The gold-domed Orthodox church is truly impressive and can hold 10,000 people.

The National Theatre, Yablansky House, Central Military Club, Lions’ Bridge, Central Bath and Central Market Hall are some others among Sofia’s architectural attractions, plus a goodly supply of parks and fountains.

Back at the Hilton Sofia they are celebrating their 15th anniversary, which helps explain the surprise Lava Red wine put in our room, from Damianitza winery down by the Greek border. This tantalises the taste buds and we head down to the Artists Bar, with another sunny terrace, to enjoy a Singapore Sling (nine ingredients) and a Leonardo da Vinci cocktail containing gin, Blue Curacao, Cointreau, Sprite and fresh lemon. There are also wines from Bulgaria’s Thracian Valley and Zagorka beer, founded in 1902, from the city of Stara Zagora but now owned by the Dutch concern Heineken.

It is time for some Bulgarian food and in the hotel’s Seasons restaurant we sample Eggs a la Panaghuriste, a dish of poached eggs with local sirene white cheese, yoghurt and paprika.

Hilton Sofia is one of the city’s premium hotels, with a beauty salon, 24-hour gym and heated indoor pool, and we have enjoyed our weekend in Bulgaria’s capital, but we must leave to explore more of the country; after which we hope we can say “Az haresvam Bulgaria”, or “I love Bulgaria”, not to be confused with “Tazi dama šte plati za vecerta” (“The lady will pay for everything”) or “Korabãt mi na v’zdyšna vážglavnica e pâlen sãs zmiorki” (“My hovercraft is full of eels”).

Hilton Sofia, 1 Bulgaria Boulevard, Sofia sofia.information@hilton.com
Kempinski Hotel Grand Arena, Bansko, Bulgaria

Wish you were here: Balkans, 2016

Cow bells can be heard outside when we wake after our first night in Bansko, Bulgaria. Going out onto our hotel room’s verandah, we find that the bells actually belong to 100 or so sheep, tended by a shepherd and his dog. Above the animals, cable cars cross almost silently as they go up and down to the Pirin Mountains, which are directly opposite. All together, it is quite a sight to begin the day.

Bansko, 160 kilometres south from the capital, Sofia, is the top ski resort in Bulgaria. It is said to feature the country’s best ski centre, the longest slopes and the longest season, from mid-December to mid-May. Numerous new hotels and facilities have been built near the gondola lift station, and the Kempinski Hotel Grand Arena is the most up-market of them all.

When guests pull up, the valet takes care of their cars, leaving them to inspect the plaques commemorating the many awards won by the hotel. It is a heck of a list but bear with us because it says a lot: Bulgaria’s Best Ski Hotel in 2013, 2014 and 2015 (2016 results awaited), as awarded by the most prestigious organisation in the international ski industry, World Ski Awards.

Also, the Kempinski gained admission to the TripAdvisor Hall of Fame last year after winning Certificates of Excellence for five consecutive years from 2011. And there is more: “Bulgaria’s Leading Spa Resort” in the World Travel Awards 2015 and “Bulgaria’s Best Hotel Spa” in the World Spa Awards 2015. Plus: “Best Spa Hotel” in Bulgaria, as named by the Bulgarian Tourism Board, in 2013, 2014 and 2015 (the 2016 result is again awaited).

Kempinski Hotel Grand Arena – remember this brand of hoteliers dates to 1897 – opened in October 2005 and since then remains the only five-star hotel of an international chain in the Bansko region; in fact the only Kempinski in Bulgaria. It has accommodated more than 100,000 guests, including Hollywood celebrities, top skiers, sportsmen, statesmen and popular singers.

The hotel is one building in five segments, the whole being reminiscent of a large alpine chalet with wooden verandahs. There are 157 alpine-style rooms and suites, a luxurious spa, and meeting and dining facilities with spectacular Pirin Mountains views.

Pirin National Park was established in 1962 and received UNESCO World Heritage status in 1983. It covers 40,000 hectares and gives tourists the opportunity to discover Bulgaria’s natural beauty.

This though is August, and it is the wrong time of year to use the Kempinski Ski Room. Here in the season you can store and dry your gear, and VIP passes are available to avoid queuing on the adjacent cable car. In fact, total novices can turn up with no gear at all and hire the lot, plus take skiing lessons. In summer, visitors to the Pirin must content themselves with hiking, fishing, rock climbing, horse riding and golf.

Still, whatever the season, a good breakfast is required first and in a Kempinski there is a vast repast: 100 items is standard, meaning multiple fresh fruits (by the barrelful), dried fruits, nuts, cereals, salads, trout, salmon, sausages (by the bucketload), breads, cheeses; you name it. Banitza is a traditional Bulgarian baked filo pastry of whisked eggs and sirene, the national cheese.

Another culinary cornucopia awaits at the evening buffet, including cold cucumber yoghurt soup, artichoke and calamari salads, braised lamb, chicken with mushroom sauce and mahi-mahi fish. Then, après-ski or après-hike there are the convivial surroundings of the lobby bar (by the hectare) with crackling fireplace in winter and enough comfy chairs for a furniture shop.

Outside the hotel, almost in the shadow of the Pirin Mountains, are two outdoor pools and a kids’ pool, and there is an indoor pool and indoor and outdoor Jacuzzis. Summer or winter, a feature of the spa area is the snow room, a freezing experience said to be good for you immediately after immersion in the steam bath, Turkish bath, Finnish sauna or bio sauna.

Guest rooms come with separate baths – good for soaking sore muscles – or a young Thai lady offers a soothing massage in the spa.

We would send you a postcard but people don’t seem to do that nowadays.

Kempinski Hotel Grand Arena,
96 Pirin Street, Bansko, Bulgaria
reservations.grandarena@kempinski.com
Locals step up to the plate

More than 250 million people around the world play in baseball or softball teams, and Hungary has several, one of which is the Budapest Reds. Their 25-year-old coach, Samuel Siddall from Canada, explains what makes this sport so special for him and why he came here.

Canadian baseball devotee brings love of game to Hungary

You have practically travelled around the world to come to Budapest in order to train several teams. How did you get the idea?

I began playing baseball early back as a child. My father was a fan and my big sister used to play softball. So I was introduced to the sport at a young age and I wanted to begin playing myself as soon as possible. In Canada there are special high schools that focus on certain kinds of sport. It was decided early that I was going to go to a baseball high school. I took the decision at that time that I wanted to become a professional player. As soon as I finished my final exam, I already got some offers from universities with baseball teams. This is how I got to Nebraska. After four years of playing baseball intensively I not only finished my studies in marketing and management but also gathered a lot of experience out on the field. I began to work for Coca-Cola but after three months it was already clear that I had to play baseball first. That is the job that I love the most at the moment and the one that gives me a chance to travel around the world. Thanks to a good contact I got the opportunity to play in Australia – this had been one of my dreams for a long time. So I began to play professionally and coach teams there. A friend told me about European baseball and I decided to learn more about it. One step followed the other and now I am here in Budapest and I train three very interesting teams: the Budapest Reds Junior, the Budapest Reds Senior and the Hungarian national baseball team.

What is the difference between European baseball and the baseball played in the USA, Canada and Australia?

The biggest difference is in the surroundings of the ballgames. Especially in smaller countries, such as Hungary for example, the game is less popular and the resources for the sport are clearly more modest. Baseball is the same sport everywhere, however the way how it’s played and how it’s displayed towards the public is different. I grew up in a country where baseball fields are all around, championships are regularly on TV and discussed by everyone. All of it is on a different scale here: nobody knows the rules around here and for the major part of the society it’s something completely new – this is true for most of Europe. I have visited the Netherlands, Germany, Italy and the Czech Republic in the past few years – baseball is growing rapidly in these countries. However, there is one thing that is the same everywhere: just like every other sport, baseball also has its universal language and is able to bring very different people together.

What kind of baseball do you represent as a coach?

What it means for me. Baseball is not only a game that you train, watch or discuss – it’s a lifestyle. The sport accompanies you throughout the whole year. You will not only learn how to get better at the game but also how to work together in a team and reach your goals, how to overcome your barriers and you learn that you can’t always win. These experiences can be used easily on other areas of life, making you a better person: responsible, respectful and goal-oriented, without being egoistic.

Who are the Budapest Reds?

A really open and cool club for both genders. I am 25 years old and I hardly speak a word of Hungarian, still I was welcomed – even by older players – with respect and benevolence. The senior team is composed of new and old-established players, who are in a really close bond with each other. We even have a couple of boys whose team was dissolved and that made them move to Budapest together in order to be able to play in a team together again. The players have a harmonic, friendly atmosphere and that makes any foreigner easier to get settled and feel well. It’s nice to see that they are willing to learn and they love baseball just as much as I do. The Budapest Reds are a relatively new team, only...
Tax office extends reach

The government will electronically connect food and drink vending machines to the national tax authority (NAV), according to a decree in the official gazette, Magyar Közlöny. The Ministry of National Economy said the market for vending machines will enter a new, online era in 2017, which will benefit both the central budget but all honest market operators. The ministry said vending machines had been registered earlier, which already whitened the sector considerably. Operators had dismounted almost 5000 machines operating without paying taxes. The new measure aimed to ensure that the sales data of the machines were forwarded to NAV, to prevent tricks and techniques designed to avoid tax. NAV would then have accurate data on the turnover of the machines. The authority would be able to compare the information with tax return data from the taxpayer, which would help reveal hidden income and whiten the economy.

Cosmetics company fined

Hungary’s competition office (GVH) has fined cosmetics manufacturer Sunfleur Kozmetikai HUF 10 million for misleading advertising about the effects of its Medifleur product group. GVH said the statements concerned Medifleur recommending its lotions, shampoos and creams for people with diabetes.

Home sales dip 2.5pc

About 89,439 homes changed hands in Hungary in the first eight months of 2016, down 2.5pc from a year earlier, real estate broker Duna House has said, based on estimates. The eight-month number was up from less than 64,000 in 2014 and little over 55,000 in 2013. In August alone, 10,210 homes changed hands, down 7.7pc from August 2015, Duna House said.

What happens at training?

Every team trains twice a week. For the younger ones the training is one and a half to two hours long, for the older ones it takes at least three hours, most of the time even longer. We are training twice a week at the field in District XVIII, 4 Thököly Street, and on the weekends we often have games, even against international teams. We also travel together regularly. The training itself goes like this: first they practise different skills in smaller teams with the help of machines, and at the end the whole group is divided and they play against each other, practising strategies for the competitions.

Who can join?

Even if the majority of the players are of Hungarian origins, we are still a visibly multicultural team and we are happy about every single person who would like to join. It’s irrelevant whether you have already played baseball before or not. Of course, if you do not have previous experience, you can’t go and play in the national team right away but you can work your way up. I am leading three teams here: for boys and girls under 17 years, which are our Budapest Reds Juniors, plus the Seniors and the national team. The training takes part mostly in English, however I am constantly trying to improve my Hungarian. The language barrier was never a problem before, not even for the younger players. Anyone who feels like it can visit us at training and watch or even join right away.

You can find more information about the Budapest Reds at the website www.reds-baseball.hu

Contact: redsbaseballse@gmail.com
Jameson CineFest
13th Miskolc International Film Festival

HUNGARY'S INTERNATIONAL FILM FESTIVAL.
9-18 SEPTEMBER 2016
www.cinefest.hu
Hip, knee, head, back, shoulders, spine, and teeth – they sometimes ache. Pain is good because it indicates there is a problem somewhere in the body; it is bad because it hurts. Half of those who go to doctors have some kind of pain. It is very difficult to get rid of pain completely but one’s quality of life can be improved, and it is possible that patients do not have to live in perpetual pain.

Some doctors know a number of the many reasons that cause it – and a few even know how to treat it. These physicians are called “Pain Doctors”. About 100 of them from 38 countries gathered in Budapest for their annual conference, where 40 lecturers spoke on various methods of pain intervention.

What is the Pain Conference? Medical science has always concentrated mostly on pain, with doctors specialising in every part of the body but not on the whole complex question. In the 1970s some doctors realised that this should also be a separate field of study, leading to specialisation. Knowing what causes pain leads to the obvious question: how to get rid of it? The doctors are passionate about better quality treatment for patients suffering from intractable chronic pain. Their annual meetings are the Pain Conferences.

Why was this conference organised for the 21st time in Budapest? Answers to this question are as diverse as the number of participants, but these are the most common replies: Budapest is a good place for conferences, being easily accessible. The town is beautiful, the facilities are excellent and the prices compared to elsewhere are not too high. The lectures are high quality and the whole conference has a friendly get-together feeling. The programmes to entertain participants are well organised. So, even those who have already passed their Fellow of Interventional Pain Practice (FIPP) examinations still return year after year.

The participants whom we managed to talk to agreed that above all, Hungary has been hosting the events due to the work of one man: Professor Gábor Rácz. He created a method of intervening with pain called the Rácz Catheter that is well known internationally. At these conferences he runs a training scheme with an FIPP examination at the end. Passing it is proof that the person knows the subject and his treatment is safe.

What is new? Professor Rácz, in describing the exciting developments in the procedure named after him – Rácz Procedure or Lysis of adhesions in the treatment of back and leg pain, also neck and arm pain – gave credit to the fine work of Professors C. Birkenmaier and Ludger Gerdesmeyer, two great ortho-

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DOCTORS FROM AROUND WORLD SHARE LATEST TECHNIQUES AT CITY CONFERENCE

Pain in their hearts

Some of the world’s best anaesthesiologists and neurosurgeons have just attended the four-day 21st Annual Advanced International Pain Conference and Practical Workshop in Budapest.
paedic surgeons from Munich. Japanese Professor T. Matsumoto discovered that a small calibre but well-constructed Versa Kath can enter scar tissue for the Lysis Procedure but that the larger usually used catheters could not. Gerdesmeyer produced the best study to show why the Lysis Procedure should be carried out first to improve the outcome of surgery, and in many cases eliminate the need for surgery altogether.

**Why are the Pain Doctors mostly neurosurgeons and anaesthetists?**

The anaesthetists concentrate on the nerves and are masters of injecting and controlling the fluid that lessens pain. They use the epidural procedure during childbirth.

**How many doctors from Hungary were at the conference?**

This year, six. How they learnt about pain intervention and the Rácz Procedure is an exciting topic for an article in itself. Dr. Edith Rácz (no relation of Professor Gábor Rácz), the Director of Pain and Anaesthesiology at the Péterfy Sándor Hospital, learnt about it through a TV programme. She became interested, contacted Professor Rácz, and took part in the courses and learnt the techniques. The Hungarian pain programme is due to her efforts. She introduced Dr. Agnes Stogicza – an Assistant Professor at the University of Washington – at that time also at the Péterfy Hospital in Budapest, and Dr. Lorand Erőss – Head of the Functional Neurosurgical Department and Centre of Neuromodulation at the National Institute of Clinical Neuroscience in Budapest – to the programme. Dr. Erőss, in his presentation, summarised the neurosurgical treatment modalities of chronic pain where medicines offer no intervention. He detailed the electrical stimulation techniques performed on pacemakers that are similar but are used to treat heart disease, but not pain. Dr. Bertha and Dr. Bokrétaš took their FIPP Examination last year.

The next “Hungarian” doctor taking his FIPP exam this year is a colourful figure – Dr. Muhammed Amin from Dubai. In his appearance he is Persian but his speech and sense of humour are Hungarian. He was born in Iran, brought up in Dubai and travelled through Hungary when still a student in 1989. He studied medicine in English at the University of Debrecen. He completely contradicts people who say Hungarian is not a language one can learn unless from birth.

Dr. Amin speaks Hungarian with no trace of an accent. He has been working in Dubai since 2004 as an anaesthetist, and he became interested in how many doctors are dealing with chronic pain; but since there was no Pain Doctor in his hospital he has been attending the Budapest conferences since 2006.

One of the doctors coming from a Muslim country told me: “Budapest Is the Pain Conference mecca. At the institute where I work patients arrive in tears because they are in so much pain; when they leave they have tears because they are so grateful at having no more pain. We are almost getting good at it.”

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Professor Rácz was at Texas Tech University Health Center Lubbock for three years and is now at the University Baylor Medical Centre Dallas, Texas; he is the Grover Murray Professor, Professor and Chair Emeritus in the Department of Anaesthesiology and Co-Director of Pain Services. He is Director of the Annual Advanced Pain Conference since the first meeting in 1996. He is a Founder and past the President of World Institute of Pain and serves on the WIP Executive Board.
Cross-cultural co-operation alive and well at Budapest Art Factory

In light of a dream

Humanity’s desire to travel and discover can be traced back to ancient times. In addition to explorers and scientists, the figure of the artist has also been paired with the image of the world traveler. Overwhelmed by the innate urge to be on the move and driven by the wish to broaden their intellectual horizon and expand on their social network, artists frequently embark on opportunities that provide them with international exposure. The cherished aspiration of Hungarian professional fine artist Márta Kucsora to collaborate with New York-based artist Hosook Kang evolved as a result of participating in an international mobility program. Let her anecdote stand as an example of fulfilled hopes.

Kucsora was awarded a merit-based scholarship for her academic achievements in 2004 that enabled her to pursue education away from her customary environment. She was admitted to Montclair State University in New Jersey to further her studies and obtain a Master of Fine Arts degree.

Besides completing the curriculum in 2005-2006, she carried out active research and observed the cultural milieu of the region. She had been following the work of Sundaram Tagore Gallery – based in New York, Hong Kong and Singapore – for years, but it was the international experience that allowed her to get acquainted with the agenda and artist roster of the gallery more profoundly.

The works of Hosook Kang, paintress of Korean descent, were of special interest to her due to the mastery of execution and the sense of reverence her pieces evoke.

In 2013 Kucsora, along with her artist colleagues Dóra Juhász and Sándor Szász, co-founded the international artist residency program of Budapest Art Factory, which welcomes eminent rep-
representatives from the field of contemporary art – by way of illustration, the list of former residents includes Andy Denzler, Martin Kobe and Peter Peri et al.

The program is crystallised around the notion of cross-cultural co-operation and is dedicated to publicise the artistic excellence of its guests through exhibitions and artist talks. Since its inception, the non-profit organisation has undergone noteworthy developments that encouraged the founders to invite Hosook Kang in 2016 for a six-week residency, bringing Kucsora’s dream – to host the highly esteemed artist at the studio complex and promote her work in Budapest – to fruition.

In fact, it is possible to highlight some similarities in Kang’s and Kucsora’s oeuvres. The most evident common denominator of their work is the commitment to epitomise the pristine forces of nature by amplifying the qualities of its multifaceted configurations. Both artists depict the substances of the natural world with the visual language of abstract art, which allows the volatile, changeable elements a level of sovereignty from the referred phenomena.

Their artistic output features three-dimensional illusion facilitated by the interplay of bold colours, ranging from bright corals, pacific blues to warm golds. Nonetheless, the organic motifs of the two artists are applied in a distinct manner.

Kucsora’s abstraction manifests itself through dynamic gestures, including versatile application methods such as dripping and spattering paint, the trajectory of which is uncontrolled and accidental. On the other hand, Kang’s celestial visions emerge from careful, structured pigment particles that she consciously adds in a pointillist fashion.

In her new series, Hosook Kang continued along the line of preserving her Korean heritage, in which nature is viewed as the governing principle. Her small-scale canvases attempt to unlock the ciphers of one of the most universal symbols of cosmic energy – light, the source of being.

The works created in Budapest during her residency were inspired by the daytime and nighttime views of the Hungarian capital. Her analogies not solely depict the arteries of nature, rays of light, through which life flows, but also how they interact with matter, and the colours that are generated by their synergy.

The kaleidoscope of repetitive colours mixed with shades of amber coalesces into a harmoniously fluctuating mosaic, offering the beholder alternatives how the phenomenon of optics may be perceived.

Hosook Kang’s solo exhibition titled “in Light” opens on September 14 at 6pm at the Budapest Art Factory. Visitors are welcome to view the studios of Márta Kucsora, Dóra Juhász, Sándor Szász and New York-based photographer Liz Nielsen, invited guest artist, who develops a new body of work within the residency program. Her solo exhibition will take place in February 2017 at the Horizont Gallery, Budapest.

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THE BUDAPEST TIMES
9 September 2016 | Nr. 36
The many benefits:

- Prevention. Your child gets scheduled immunizations to prevent illness. You also can ask your pediatrician about nutrition and safety in the home and at school.
- Tracking growth and development. See how much your child has grown in the time since your last visit and speak with your doctor about your child’s development. You can discuss your child’s milestones, social behaviors and learning.
- Raising concerns. Make a list of topics you want to discuss during the visit such as development, behavior, sleep, eating or getting along with other family members. Bring your top three to five questions or concerns with you to talk with your pediatrician at the start of the visit.
- Team approach. Regular visits create strong, trustworthy relationships between pediatrician, parent and child. The American Academy of Pediatrics recommends well-child visits as a way for pediatricians and parents to best serve the health needs of children. This team approach fosters optimal physical, mental and social health of a child.

“Back to school” checkups, as they are commonly called, are often the only visits most children and teens have with their pediatrician throughout the year. The annual physical gives the pediatrician a chance to give the child a thorough physical exam and address any emotional, developmental or social concerns. It is also a good time to address important questions privately between doctor and older teens, who might not feel comfortable discussing adolescent issues with their parents, such as drinking, smoking, drugs, sexual activity and depression.

During a well-child visit, your doctor will:

- perform a physical exam
- give the child any necessary shots (immunizations or vaccinations)
- track how your child is growing and developing
- talk about illness prevention, diet and physical fitness, and health and safety issues
- discuss how to handle emergencies and sudden illness

A complete history should address any concerns from the patient and family, and screen for lifestyle habits, including diet, physical activity, daily screen time (e.g., television, computer, video games), hours of sleep per night, dental care and safety habits.

The well-child visit is your best opportunity to bring up any worries about your child’s growth and development, especially if your child is not reaching important milestones. Remember, your doctor may be an expert on children’s health but you are the expert on your child.

If the child is struggling in school, referral for formal testing for learning disabilities should be considered. Symptoms of attention-deficit/hyperactivity disorder often present in school-aged children as the complexity of schoolwork increases. Problems with vision or hearing may impact success in the classroom. School performance may also be affected if the child is experiencing stress at home or in school.

Rates of childhood overweight and obesity have been steadily increasing over the past three decades. It is recommended to begin measuring body mass index (BMI) in children starting at six years of age.

Also, don’t be afraid to ask questions, medical or otherwise. Your child’s doctor can give you valuable advice on how to promote your child’s learning and development, how to potty train, tips on playground safety and more.

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With a blend of circus and dance, the flamboyance and edginess of the bohemians who lived for their art on the fringes of society are brought back to life. This world is inspired by the famous Hungarian photographer Brassai (originally named Gyula Halász).

There is something secretive and wonderful about Paris by night: glitz, glamour and beauty fuse with seediness, streetwalkers and sleaze, an almost forbidden exotic world even today. Taking the metro as a 17-year-old into the dark heart of Paris always held for me that element of excitement and danger, as though I were entering a very different place from the daytime Paris of cafés and museums.

This was a compelling and forbidden world with touches of a Fellini film; slightly sinister and threatening yet dazzling and exhilarating, which made it even more enticing.

“Paris de Nuit” captures that feeling as circus performers, dancers, singers and musicians blend together to create this bubble of dark Parisian life. The circus performers themselves flip and twist above and around the audience with the idea of engaging with the spectators as they are seated at tables on and next to the stage.

This is the world of Montmartre, a secret world once inhabited by the great artists such as Picasso and Modigliani. Maybe best enjoyed with a burning glass of la fée verte or “the green fairy”; absinthe that was the universal drink of choice for writers and artists. Actually the drink itself always holds more mystery, ritual and decadent associations than flavour.

Recirquel also will be presenting another striking modern dance piece, “Non Solus”, which blends the classical music of Bach and Rachmaninov with electronic and modern sounds. The piece focuses on two people who explore their imagination, giving the idea that every person is fragmented until they find their other soul in a living being. It speaks of loneliness, searching and hope expressed through the medium of dance and circus.

Another September show is by Szeged Contemporary Ballet, which presents its performance of “Carmina Burana”. Choreographer Tamás Juronics explores the theme of fate and fortune in his edgy modern production. The characters themselves are powerless as to what fate has predestined for them, pulled along like helpless marionettes, but this leads to a voyage of discovery, however bleak it can be at times.

It is a powerful piece of contemporary dance with music by Carl Orff. Modern dance should push the boundaries, unsettle, jar and shake the world. We go to the ballet to be entranced by a slow unfolding beauty, whilst modern dance is the risk taker, the exhilarating sky-dive into the unknown.

Recirquel Contemporary Circus Company
“Paris de Nuit”
Friday September 9, Saturday 10 & Sunday 11, 7pm
Recirquel Contemporary Circus Company
“Non Solus”
Friday September 16, 7pm
Szeged Contemporary Ballet
“Carmina Burana”
Thursday September 15, 7pm
Wednesday November 5, 7pm

Müpa Budapest
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Budapest Airport and DHL Express have signed a strategic agreement to develop a new facility for the Deutsche Post DHL Group. This is the second large-scale investment by Budapest Airport and DP DHL, after the latter’s freight-forwarding business units moved into a new facility built in the Airport Business Park in 2013.

Ferenc Liszt International Airport will develop a large warehouse and office complex for DHL Express. The full area of the new base near Terminal 1 will reach 13,000 square metres. Preparation of the site has begun and it will be handed over to Hungarian construction company Market Építő Zrt. this month.

DHL Express’ new premises will accommodate about 300 employees. Today, the company performs its daily operations with two aircraft: an Airbus A300-600F connecting Budapest with the main European hub in Leipzig and a Boeing 737 handling inbound volumes from Brussels.

The company has been present in Hungary for more than 25 years. The new lease agreement between Budapest Airport and DHL Express for another 20 years reflects the commitment of Deutsche Post DHL Group to Hungary and the airport.

With the Hungarian economy producing stable growth in the past few years and increasing demand for the fast delivery of different products worldwide, the so-called integrator business is growing steadily in the country.

Ferenc Liszt airport is the largest job catalyst in the southern Pest region, with more than 10,000 people working at 70 different companies and organisations at the airport. This number will be boosted by the 300 DHL Express employees, who will arrive at the new facility in July 2017.

Budapest Airport CEO Jost Lammers said at the signing of the agreement:

“We see this as yet another major step forward, not only for the airport but for the growing Hungarian economy. This is another successful example of Hungarian-German co-operation, creating growth and job opportunities in Hungary.

“Aviation connectivity both in the cargo and the passenger area is a key factor for the growth of a modern economy, and we are committed to contribute to this. The construction of the new DHL Express facility is an integral part of our BUD 2020 development program, which earmarks HUF 50 billion for airport development over the next five years.”

DHL Express Hungary managing director Zoltán Bándli said: “The move of DHL Express’ operations to Budapest Airport is a large-scale project. The value of the greenfield investment will reach EUR 25 million, the largest in the CEE region.

“It reflects our commitment to building a state-of-the-art facility, to optimise our business procedures and strengthen cost-effectiveness. The fully automated new sorting system and enhanced shipment processing capabilities will allow us to implement an even earlier courier departure and later courier arrival.

“Based on the wider service window, we will examine the range and the coverage of our premium services.

“We have been working hard in recent years with our partners to tailor the project to their present and future needs. As a result, we have signed one of the biggest lease agreements in the Budapest real estate market this year.”

Budapest Airport property and cargo director Rene Droese said: “We see very promising trends in both the integrator and the cargo businesses, so the airport is the best possible location for a new DHL Express base. The long-term agreement just signed creates ideal circumstances for another DHL Group company to benefit from the airport location and to grow their business.”
MEAT EXPECTATIONS

If you want to be up to date on what is new and trendy on the Budapest gastronomic scene, you can’t miss a visit to Bestia. The restaurant that casually calls itself an upscale pub actually serves simple dishes but of a high quality, which is good news – especially for meat lovers. With its prestigious location immediately opposite St. Stephen’s Basilica and its trendy interior, this is an ideal place for an unforgettable meal.

When you enter you immediately notice the professionalism: dark wooden floor, a lot of metal, bare light bulbs – Bestia’s interior design is carefully planned, successfully applying the “industrial chic” style that is more and more popular in European cities, deliberately similar to the design in the US. Creative architect Ákos Bara’s design fits the whole concept of the restaurant perfectly, since it bases its menu card on American influences as well.

‘ROCK STAR’ OF THE KITCHEN

Even if they only serve sandwiches, burgers and grilled dishes here, Bestia

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The restaurant contracted one of Hungary’s rising star chefs only recently: Gábor Krausz, who is often described in the media as “the rock star of the kitchen”, first completely turned around the menu card in Bestia and then he worked out a brand-new concept, inventing taste combinations and aromas, and implementing new techniques in preparing the dishes.

The focus of the menu card is on roasted and grilled meat. Thus the kitchen has both a rotating spit and a charcoal grill oven of the brand Josper, which is quite well known among indoor-grill fans, and even a real BBQ smoker.

The professional equipment allows not only preparing a crispy piece of duck and an amazingly soft piece of pork loin, but also explains why the BBQ dishes are the real trademark of Bestia.

Culinary highlights

The BBQ ribs can hardly be outmatched: the juicy meat is soft as butter and it drops right off the bones without having to do anything. However, its taste is strong and aromatic, thanks to the home-made BBQ sauce. The ribs spend 12 hours in the smoker and they are sprinkled with apple juice every half an hour. The spicy BBQ wings are also worth a try.

If you prefer the grilled taste instead of the smoky flavour, you can try the tomahawk steak – which is basically a ribeye with an extra-large rib bone – made of Chianina beef, or an Angus T-bone steak. However, in Bestia they also grill salmon, whole groupers and lambs in the grill oven, ready to be ordered on your plate.

You can pick from a variety of garnishes and sauces on the side, and you can even add a few truffle shavings if you please, for an additional HUF 550.

Due to the large portions served, you really do not need to order a soup or appetiser. These rather serve as an option for the smaller appetite.

For a lunch on a hot day we suggest the corn-gazpacho, a cold vegetable soup with flakes of spicy Italian raw sausage, while in the evenings you could opt for a rich bone marrow served on toasted bread.

Although the dishes using bone marrow are an integral part of Austrian-Hungarian cuisine, you can rarely find them in Hungarian restaurants. In Bestia, the toasted
bread with bone marrow is a real specialty for connoisseurs. The marrow is very attractively presented in a clean, halved bone topped with a layer of breadcrumbs and placed on a small wooden board.

**The best of both a restaurant and a pub**

Although Bestia’s kitchen delivers the quality of a high-class restaurant, it still emphasises being a pub. This is why the restaurant also offers a surprisingly creative drinks card in addition to the menu: you can choose from numerous artisan beers from Hungary and from around the whole world, imaginative smoothies and lemonades, and even home-made cucumber-vanilla lemonade – it sounds a bit challenging when you hear it for the first time, however it’s surprisingly refreshing.

Bestia leaves nothing to be desired concerning cocktails as well, and they offer their own creations such as “Caprese” – a gin tonic spiced up with salt and pepper, and garnished with fresh basil and appetising cocktail tomatoes.

**What you must try:** Only one visit to Bestia will certainly not be sufficient to try everything from its trendy kitchen. However, if you have to make a choice, don't miss the grilled peach salad with goat cheese and chili, in addition to the BBQ and grilled dishes, of course. The unusual salad creation is a secret hint for a visit to this restaurant.

You should also try the banana-coconut-chia smoothie as a small refreshment between courses. A banana-smoothie may sound banal but this mixed drink is not only extremely delicious, it even works as wonderful miracle cure that helps prevent heartburn after the heavy meal.

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**Bestia**

9-11 Szent István tér, District V
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I’m not an optimist. I could never be accused of suffering from too much positivity. But I firmly believe that how we react to a situation is our choice. Being open to opportunity and seizing the moment when it presents itself, that’s the secret.

Out and about last week, I ran into Terry V. This is his story.

Sitting in the Scottish Caledonia pub one Tuesday night with some musician mates, someone suggested that they start a band – do something different, something a little off kilter for Hungary. They decided on country rock. It was accessible, they thought: traditional instruments with a rock and roll format and pop melody lines – a winning formula.

They’d jammed together before; they’d had fun; they knew it’d work. So, unlike many great ideas born out of a bottle of whisky and destined to come to nothing, this one survived the vapours and was christened Tuesday Night Rodeo.

You might recognise some of the faces: Joey and Sam from Paddy and the Rats, and Zsolti from the Hooligans. Steven who found fame with a Budapest-based Guns N’ Roses tribute band. Add Terry (ex-London) to this Hungarian mix and you get the band.

Their single, “ Stranger (in a Strange Town)”, was picked up by Radio Rock (95.8 FM). And then a German station, Country 108, got in on the act. Next thing you know, the lads have a record deal with an album due to be completed in October and released before the end of the year

“Stranger” was picked up and given daily rotation on Radio Rock. Tilos Radio was listening in, and the following day they picked it up and added an early morning interview with Joey for good measure.

So what, you say? This sort of stuff is commonplace. No biggie. Well, I think it is. These lads ain’t in their teens or their twenties or their thirties. In the music world, they’re positively ancient.

When he was 10 Terry saw Marc Bolan from T. Rex on TV. He immediately asked his dad for a guitar – glam rock was his future. Back in the mid-1980s he did get a record deal in Japan and then in the UK. He was doing well. He ran a club in London’s Covent Garden for a few years.

When he moved into the admin side and they downsized, he had the chance to work from anywhere. He chose Budapest. He’d first been here about 14 years ago on a boys’ weekend; he loved it so much he kept coming back.

Last year he was working on a website to help musicians find their lost/stolen instruments. He still played music but thought, at 55, that he was a bit long in the tooth to get any airplay.

And therein lies the beauty of it all.

Hungary, and Budapest in particular, has an energy about it that fosters opportunity. With a musical legacy that holds its own on the world stage, there’s a lot more going on here music-wise than in London. Yes, a lot of the smaller clubs are seriously underfunded, but there’s talent and there’s space and there’s an audience hungry for something new.

And there’s guys like Tuesday Night Rodeo who dream the dreams down the pub on a Tuesday night but then do something to make those dreams happen. And when the opportunity knocks, they’re ready. This is Budapest. This is Hungary. This is a reason to stay.

Mary Murphy is a freelance writer and public speaker who is thinking about becoming a groupie. Read more at www.unpackingmybottomdrawer.com
What’s on?

Liszt Ferenc Memorial Museum: Saturday chamber music recitals in museum with reconstruction of the composer’s last Budapest flat containing his original instruments, furniture, books, scores, personal objects and memorabilia. District VI, Vörösmarty u. 35. www.lisztmuseum.hu

Budapest Congress Centre: Occasional pop and ballet shows. District XII, Jagelló út 1-3. www.bcwtc.hu

Budapest Jazz Club: Regular programming of mostly Hungarian jazz. District XIII, Hollán Ernő u. 7. www.bjc.hu

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